Congressional Visits Day Tips and Reminders

Before You Go:
- Coordinate all meeting appointments with your State Captain
  - Be persistent (it may take several calls or emails) and always follow up
- Plan your meetings accordingly
  - Plan on a 20 minute walk from the House side to the Senate side and vice versa
- Research the members of Congress whose offices you will be visiting
  - Know their background
  - Know their districts
  - Know their committee assignments
  - Know their stance on relevant issues
- Review the Key Issues and be comfortable discussing them

Day of Event:
- Do not bring your luggage or other large personal belongings with you to the Hill
- Dress accordingly
  - Plan for the weather (umbrella, top coat, etc.)
  - Wear business formal attire
  - Wear comfortable shoes
- Bring a camera/smart phone to document the event
  - Upload photos to AIAA’s and your Section’s social media sites
  - Tweet about your experiences, #AIAACVD

Getting Around the Hill:
- Nearest Metro stations:
  - House side – Capitol South (Blue/Silver/Orange lines)
  - Senate side – Union Station (Red line)
- Security checkpoints at all entrances
  - Tunnels connect the three House buildings and the three Senate buildings so there is no need to go through the security checkpoints multiple times
- Cafeteria locations (all are open to public):
  - House side – Longworth and Rayburn buildings
  - Senate side – Dirksen and Russell buildings

At the Meeting:
- Discuss AIAA’s issues, not YOUR company’s, project’s, or personal cause
  - Refrain from expressing your own political views, personal views, or views about competing companies, agencies, programs
• Select 2 or 3 Key Issue items to discuss that are relevant to the lawmaker
  o It is not possible and not beneficial to cover all the issues and recommendations
• Present your advocacy in the most polished professional way possible
• Pay full attention to the message delivery
  o Turn off cell phones and refrain from holding private side conversations
• Be responsive to questions and have supporting information handy
• Take necessary notes or actions for follow up
• Thank the member or staffer for their time and support

After the Meeting:
• Provide any requested information in a timely manner
• Send a thank you note to the staffer and/or member
• Provide AIAA Staff feedback on your visits and the event itself via survey